

## **Developmental Milestones & Your Child**

## **A Plan For Communicating With Hirsch Pediatrics**

- ✓ Baby developmental milestones are meant as a guide to gauge your little one's overall health and wellness.
- ✓ While milestones aren't hard and fast rules for your baby's health, they do act as a good overall indicator of development and possible problems.

PLEASE COMPLETE YOUR CHADIS QUESTIONNAIRE TO SHARE DEVELOPMENTAL MILESTONES INFORMATION BEFORE EACH CHECK UP!

You can access the brief questionnaires through your patient portal account.

Call us anytime if you have questions.

**THANK YOU!** 

## What are Developmental Milestones?

Developmental milestones are a set of functional skills or age-specific tasks that most children can do at a certain age range. Your pediatrician uses milestones to help check how your child is developing skills like:

- **Gross motor:** using muscles to sit, stand, walk, run, etc.
- Fine motor: using hands to be able to eat, draw, dress, play, write, and do many other things.
- Language: speaking, using body language and gestures, communicating, and understanding what others say.
- Social: Interacting with others, having relationships with family, friends, and teachers, cooperating, and responding to the feelings of others.
  - **Cognitive:** Thinking skills: including learning, understanding, problem-solving, reasoning, and remembering.